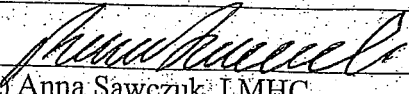




Mental Health - Progress Note

Name: Benjamin LaGuer		ID: W40280	DOB: 5/1/63	MH Code: 0	Facility: NCCI
Session Date	Start Time	End Time	Next TPR Due: N/A (PCC Only)		
4/21/18	14:00	15:00	Next 1:1 Due: N/A (PCC Only)		

- D** Mr. LaGuer was seen in the Thompson Hall (HSU) for the follow up session, secondary to the denial of request for compassionate medical parole. Mr. LaGuer has been diagnosed with advanced stage of cancer, and has been pursuing such form of parole with a support of family members and friends. This writer initially met with Mr. LaGuer after he was informed about the denial of his request, and later to follow up on his mental status and to provide additional support. The objective of the follow up session was to assess Pt's current mental status as well as to determine his ability to cope with the terminal illness and end of life issues. Mr. LaGuer was unavailable to meet with this writer on two previous occasions, as a result of the side effects of his medical treatment. Today, Pt was feeling somewhat better, and presented as cooperative and highly engaged. Mr. LaGuer described various aspects of his coping style. Most importantly, he focused on the meaning-making in regards to his current situation and physical condition. Pt emphasized that he took great care to be thoughtful and purposeful, while "navigating" his end of life journey. Mr. LaGuer identified writing as one of his most effective coping strategies. He explained that writing provided him with clarity, as well as an opportunity to share his insights with others. Mr. LaGuer reported that he often felt that others might benefit from his writing, as it was becoming his personal legacy and a contribution to the external world. Pt spoke about being at peace, having achieved that through making amends, dealing directly with any unfinished business from the past, and developing open and flexible attitude toward his daily struggles. Mr. LaGuer talked about his ability to connect deeply with himself through introspection, meditation, reading and writing, as well as with others through careful and attentive listening, reaching out and willingness to learn from others. Pt talked about various significant and meaningful connections of mutual support, with people outside of prison, especially family members and friends. Mr. LaGuer denied feeling depressed or anxious, reporting a consistently stable mood, stemming from his attitude of acceptance of what is yet to come.
- A** Mr. LaGuer appeared fully alert and was oriented to time, person and place. He engaged in pleasant and attentive manner during the entire interview. Mood was euthymic with congruent affect. Eye contact was maintained appropriately. Speech was well modulated. Thought process was linear. Pt denied current suicidal ideation, depressive symptoms and thoughts of self-harm. He did not present at the increased risk for harm to self or others. Mr. LaGuer exhibits a remarkable level of resilience and acceptance of his frail physical state. He seems to be determined to make the most of the time left, by remaining meaningfully connected with others, and maintaining peaceful and insightful connection with himself.
- P** Triage with the team. Inmate knows how to access MH services if emergency arises, via Medic 5/sick slip. Not an open MH case.

Clinician Signature: 	
Clinician Name: (Print) Anna Sawczuk, LMHC	Date: 4/21/18